



Because I Love You™

Parent and Youth Support Groups

Inhalants: Toxic Danger

You've talked to your teen about drug use and other risky behaviors, but you might not have discussed "huffing," "sniffing," "dusting," or "bagging." And if those terms don't ring a bell, it's time to brush up on inhalant abuse. More than a million teens used inhalants -- including household products like nail polish remover, correction fluids (white out), and bleach -- to get high last year. Most teens do not realize how dangerous inhalants can be, but statistics show that repeated exposure can lead to suffocation, brain damage, and even death. Parents, you should closely monitor these household substances to prevent abuse and irreversible health consequences.

Know the Signs

Combined with irreversible health hazards, easy accessibility in the home, and legal opportunity to buy directly out of the store, inhalants pose a serious threat to teens everywhere. Parents should be on the lookout for some of the common signs and symptoms of abuse, such as unusual breath odor or chemical odor on clothing; spots and/or sores around the mouth; nausea and/or loss of appetite; slurred or disoriented speech; or red or runny eyes or nose.

Signs of Inhalant Abuse

Parents should be aware of the following signs of an inhalant abuse problem:

- Chemical odors on breath or clothing;
- Paint or other stains on face, hands, or clothes;
- Hidden empty spray paint or solvent containers and chemical-soaked rags or clothing;
- Drunk or disoriented appearance;
- Slurred speech;
- Nausea or loss of appetite;

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- Inattentiveness, lack of coordination, irritability, and depression;
- Missing household items.

Street Terms: Drugs and the Drug Trade

STREET TERM	DEFINITION
Aimies	Amphetamine; amyl nitrite
Air blast	Inhalants
Ames	Amyl nitrite
Amys	Amyl nitrite
Aroma of men	Isobutyl nitrite
Bagging	Using inhalants
Bang	Inhalants; to inject a drug
Bolt	Amphetamine; isobutyl nitrite
Boppers	Amyl nitrite
Bullet	Isobutyl nitrite; inhalants
Bullet bolt	Inhalants
Buzz bomb	Nitrous oxide
Climax	Crack; heroin; isobutyl nitrite; inhalants
Discorama	Inhalants
Dusting	Adding PCP, heroin, or another drug to marijuana; Using inhalants
Glading	Using inhalant
Gluey	One who sniffs or inhales glue
Hardware	Isobutyl nitrite; inhalants
Heart-on	Inhalants

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Hiagra in a bottle	Inhalants
Highball	Inhalants
Hippie crack	Inhalants
Honey oil	Ketamine; inhalants
Huff	Inhalants
Huffer	Inhalant abuser
Huffing	To sniff an inhalant
Kick	Inhalants; getting off a drug habit
Laughing gas	Nitrous oxide
Locker room	Isobutyl nitrite; inhalants
Medusa	Inhalants
Moon gas	Inhalants
Oz	Inhalants
Pearls	Amyl nitrite
Poor man's pot	Inhalants
Poppers	Isobutyl nitrite; amyl nitrite; methamphetamine
Quicksilver	Isobutyl nitrite; inhalants
Rush	Cocaine; isobutyl nitrite; inhalants
Rush Snappers	Isobutyl nitrite
Satan's secret	Inhalants
Shoot the breeze	Nitrous oxide
Snappers	Isobutyl nitrite
Sniff	To inhale cocaine; methcathinone; inhalants
Snort	To inhale cocaine; powder cocaine; use inhalant
Snorting	Using inhalant

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Snotballs	Rubber cement rolled into balls, burned and the fumes are inhaled
Spray	Inhalants
Texas shoe shine	Inhalants
Thrust	Isobutyl nitrite; inhalants
Toliet water	Inhalants
Tolly	Toluene, chemical contained in many inhalants
Toncho	Octane booster which is inhaled
Whippets	Nitrous oxide
Whiteout	Inhalants; isobutyl nitrite

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